# Quick Icebreakers: Used to start meetings

1. What’s one surprising thing about an older adult in your life that others wouldn’t know by looking at them?
2. Share one wise, humorous, or useful comment you have heard from an elder recently.
3. What is one piece of advice you would give to someone new in the field of adult protective services?
4. What is one simple strategy you use to build trust with vulnerable adults?
5. What is one resource (physical asset, process, expertise, etc.) within your office that others might not know about?
6. If you could strengthen one aspect of your community’s adult protection network, what would it be?
7. (When introducing a new person to your MDT) What is one piece of advice you can offer the new person to enable their success in navigating your county’s adult protective network?
8. When you were in your early twenties, how likely would you have thought you’d be in this job today in this community?
9. When you were young, what characteristics meant “old” or “vulnerable” to you?
10. In the far-off future, if you were in a group living situation, what is the music you’d get reprimanded for playing too loudly?

# Discussion Questions: Used to share perspectives and strategies

1. What or who keeps you motivated in the face of difficult cases?
2. Share a work experience you had in another field that somehow ended up being good preparation for the job you have today.
3. Think about a successful intervention or investigation that involved multiple organizations. Share two key factors that contributed to the success of the group effort.
4. Would you say your career path into adult protective work happened accidentally, deliberately, or naturally?
5. What is something you wish the general public better understood about adult protective services?